

2026 SHOREMEN FOOTBALL

“A Legacy of Success”



CONFERENCE CHAMPIONS

1941 1948 1949 1950 1951 1954 1958 1959 1960 1961 1966 1967 1971 1974 1975 1976 1981 1982
1985 1990 1992 1993 1994 1997 1998 1999 2000 2001 2002 2003 2004 2005 2007 2008 2009 2010
2011 2012 2018

STATE PLAYOFFS

1981 1985 1994 1995 1998 1999 2000 2001 2002 2003 2004 2005 2007 2008 2009 2010 2012 2013
2016 2018 2019 2020 2021 2022 2023 2024

STATE FINALIST

2004

STATE CHAMPION

2003

**AVON LAKE HIGH SCHOOL
SHOREMEN FOOTBALL**

FRIDAY	8/7	Lorain	Home	10:00 AM
			(SCRIMMAGE)	
THURSDAY	8/13	Cleveland Heights	Away	7:00 PM
			(SCRIMMAGE)	

EXPECT VICTORY 2026

The schedule is subject to change.



26' SHOREMEN AC SCHEDULE



Home 8/21
Strongsville



Home 8/28
Lake Catholic



Away 9/04
Medina Highland



Home 9/11
Midview



Away 9/18
Amherst Steele



Away 9/25
Elyria



Home 10/2
Olmsted Falls



Away 10/9
North Ridgeville



Home 10/16
South



Away 10/23
Berea-Midpark

:HOME :AWAY

2026 Schedule / All Games 7pm / All Home Games @ Memorial Stadium

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December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <u>Lifting</u> 6:30AM, 3:45PM, 5:00PM Banquet 6:00PM	2	3 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM	4	5 <u>Lifting 6:15 AM</u>	6
7	8 <u>Lifting</u> 6:30AM, 3:45PM, 5:00PM Middle School 4:45	9	10 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	11	12 <u>Lifting 6:15 AM</u>	13
14	15 <u>Lifting</u> 6:30AM, 3:45PM, 5:00PM Middle School 4:45	16	17 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	18	19 <u>Lifting 6:15 AM</u>	20
21	22 Xmas Break Begin	23 Weight Room Closed	24 Weight Room Closed	25 Weight Room Closed	26 Weight Room Closed	27
28	29 <u>Lifting</u> 8:00-9:30 AM Middle School 9:00	30 <u>Lifting</u> 8:00-9:30 AM Middle School 9:00	31 Weight Room Closed	1 Weight Room Closed	2 <u>Lifting</u> 8:00-9:30 AM Middle School 9:00	3

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January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 <u>Lifting</u> 8:00-9:30 AM Middle School 9:00	30 <u>Lifting</u> 8:00-9:30 AM Middle School 9:00	31 Weight Room Closed	1 Weight Room Closed	2 <u>Lifting</u> 8:00-9:30 AM Middle School 9:00	3
4	5 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	6	7 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	8	9 <u>Lifting 6:15 AM</u>	10
11	12 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	13	14 Midterms Lifting 12:30 <u>MS-4:45-5:30</u>	15 Midterms	16 Midterms Lifting 12:30 End of 2Q Early Release	17
18	19 MLK Day No School Weight Room Closed	20 <u>Lifting</u> 3:00-4:15	21 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	22 OL/DL T3- 3:30pm	23 <u>Lifting 6:15 AM</u>	24
25	26 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	27	28 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	29	30 <u>Lifting 6:15 AM</u>	31

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February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	3 Leadership 7:10AM	4 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	5 OL/DL T3- 3:30pm	6 <u>Lifting 6:15 AM</u>	7
8	9 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	10	11 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	12	13 <u>Lifting 6:15 AM</u> No School Inservice Day	14
15	16 Presidents Day No School	17 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	18 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	19 OL/DL T3- 3:30pm	20 <u>Lifting 6:15 AM</u>	21
22 Senior Leadership 7pm	23 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	24	25 <u>Lifting</u> 6:30AM, 3:00PM, 5:00PM Middle School 4:45	26	27 <u>Lifting 6:15 AM</u>	28

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March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	3	4 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	5 OL/DL T3- 3:30pm Lock-In Current 9-11 grade only 7:00PM	6 NO School <u>Lifting 3:30</u>	7
8	9 No School	10 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	11 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	12 OL/DL T3- 3:30pm	13 <u>Lifting 6:15 AM</u>	14
15	16 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	17	18 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	19 OL/DL T3- 3:30pm	20 <u>Lifting 6:15 AM</u>	21 Booster Bash
22	23 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	24	25 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	26 OL/DL T3- 3:30pm	27 <u>Lifting 6:15 AM</u>	28
29	30 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	31	1 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	2 Spring Break Starts OL/DL T3- 3:30pm	3 Good Friday No Lifting	4

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April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	31	1 <u>Lifting</u> 3:00-4:15 <u>MS-4:45-5:30</u>	2 Spring Break Starts OL/DL T3- 3:30pm	3 Good Friday No Lifting	4
5 Easter Sunday	6	7 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	8 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	9	10 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	11
12 Spring Break Ends	13 <u>Lifting</u> 3:00-4:05 <u>MS-4:05-5:00</u>	14	15 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	16 OL/DL T3- 3:30pm	17 <u>Lifting 6:15 AM</u>	18
19	20 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	21	22 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	23	24 <u>Lifting</u> 9-10:15 <u>MS-10:30-11:15</u>	25
26	27 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	28	29 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	30 OL/DL T3- 3:30pm	1 <u>Lifting 6:15 AM</u>	2

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May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	28	29 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	30 OL/DL T3- 3:30pm	1 <u>Lifting 6:15 AM</u>	2
3	4 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	5	6 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	7 OL/DL T3- 3:30pm	8 <u>Lifting 6:15 AM</u>	9
10 Mother's Day	11 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	12 Combine Day 6:30 am	13 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	14 OL/DL T3- 3:30pm	15 <u>Lifting 6:15 AM</u>	16
17	18 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	19	20 <u>Lifting</u> 3:00-4:15 <u>MS-4:05-5:00</u>	21 OL/DL T3- 3:30pm	22 <u>Lifting 6:15 AM</u>	23
24 Lift-A-Thon Week	25 Memorial Day OFF	26 Hang Clean Broad Jump MS- 4:00-4:45 630	27 Max Week Squat Vert MS- 4:00-4:45	28 Height Weight Equipment Day 10-12 OL/DL T3- 3:30pm	29 Max Week Bench MS- 4:00-4:45	30

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June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Finals Week Practice 10-12 3:00-5:45 MS-OFF	2 Finals Week Practice 10-12 3:00-5:45 MS-OFF	3 Finals Week Practice 10-12 3:00-5:45 MS-OFF	4 Victory Hill 4:30 All incoming 9-12	5 Finals Week OFF MS-OFF	6
7	8 Lifting 6:45 Frosh/MS 9:00 Concussion Testing	9 Lifting 6:45 Frosh/MS 9:00	10 Make up Lifting 9-11	11 Lifting 6:45 Frosh/MS 9:00	12 9-Trevor Lift	13
14	15 Lifting 6:45 Frosh/MS 9:00	16 Lifting 6:45 Frosh/MS 9:00	17 Make up Lifting 9-11	18 Lifting 6:45 Frosh/MS 9:00	19 9-Trevor Lift	20
21	22 Lifting 6:45 Frosh/MS 9:00 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	23 Lifting 6:45 Frosh/MS 9:00 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	24 Make up Lifting 9-11 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	25 Lifting 6:45 Frosh/MS 9:00 Youth Camp 1-4 9:00-10:30 5-6 10:30-12:00	26 9-Trevor Lift	27
28	29 Lifting 6:45 Frosh/MS 9:00	30 Lifting 6:45 Frosh/MS 9:00	1 OFF	2 OFF	3 OFF	4

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July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Lifting 6:45 Frosh/MS 9:00	30 Lifting 6:45 Frosh/MS 9:00	1 OFF	2 OFF	3 OFF	4
5	6 Lifting 6:45 Frosh/MS 9:00	7 Practice grades 9-12 6:45-11:00 Frosh/MS 11-12 Lifting	8 Practice grades 9-12 6:50-1:00	9 Practice grades 9-12 6:45-11:00 Frosh/MS 11-12 Lifting	10 9-Trevor Lift	11 @Euclid 7on7 10AM
12	13 Lifting 6:45 Frosh/MS 9:00	14 Practice grades 9-12 6:50-11:00 Frosh/MS 11-12 Lifting	15 Practice grades 9-12 6:50-1:00	16 Practice grades 9-12 6:50-11:00 Frosh/MS 11-12 Lifting 6:00 7on7@NO	17 9-Trevor Lift	18
19	20 Practice grades 9-12 6:50-11:00 Frosh/MS 11-12 MS Equipment Day 5:00PM	21 Camp 9-12 6:50-11:30 Helmets 7-8 Grade Camp 6-8 PM	22 Camp 9-12 6:50-11:30 Helmets & Shoulder Pads 7-8 Grade Camp 6-8 PM	23 Camp 9-12 6:50-11:30 Helmets & Shoulder Pads 7-8 Grade Camp 6-8 PM	24 OFF	25
26	27 OFF	28 Off	29 Camp 9-12 6:50-1:00 Helmets & Shoulder Pads	30 Camp 9-12 6:50-11:00 Full Gear	31 Camp 9-12 6:50-1:00 Full Gear	1 Camp 9-12 6:50-11:00 Full Gear

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August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 OFF	28 Off	29 Camp 9-12 6:50-1:00 Helmets & Shoulder Pads	30 Camp 9-12 6:50-11:00 Full Gear	31 Camp 9-12 6:50-1:00 Full Gear	1 Camp 9-12 6:50-11:00 Full Gear
2	3 Camp 9-12 6:50-1:00	4 Lifting Camp 6:45-11:30	5 Lifting Camp 6:45-11:30	6 Camp 8:00-11:00 Team Picnic NOON	7 Home Quad Scrimmage 5:00 PM Frosh on Grass JV/Varsity Turf	8 Film Lifting 8:00 AM
9 Football Club Outing	10 Lifting Camp 6:45-11:00	11 Camp 7:30-11:30 Fowkes	12 Lifting Camp 6:45-11:00	13 Scrimmage Home Cleveland Heights 6:00 PM Frosh 7:00 PM JV/Varsity	14 Film: 8:00 Lifting 9:30 10:30 Varsity Walk through Pay to Play Due	15 Picture Day
16	17 2:00 Lift 3:00 Offense Meeting 3:45-5:45 practice	18	19 Meeting 3:45-5:45 practice 6:00PM Lift	20 3:45-5:45 practice Frosh @ Strongsville	21 Varsity Home Strongsville	22 Varsity Film 8:00AM J.V @ Strongsville

The schedule is subject to change.

23	24	25	26	27	28	29
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